



COVID-19 Information & Screening Questionnaire & Precautions

Last Name _____ First Name _____

All clients, new and established, are required to be screened for possible COVID-19 Symptoms or Exposure prior to entering Inside Outside. In addition, certain precautions are needed to prevent the spread of the CoronaVirus during your appointment at Inside Outside.

SCREENING QUESTIONS: Note: Answers may require rescheduling your procedure or service.

- 1. I have had COVID-19 with a Positive Test and Recovered. Yes ___ No ___
2. Someone I live with has had COVID-19 with a Positive Test and Recovered. Yes ___ No ___
3. I have received a COVID-19 Vaccine. No ___ 1st ___ 2nd ___ B ___
4. Do you have symptoms of COVID-19, such as fever, dry cough, shortness of breath, chills, sore throat, unusual fatigue, muscle aches, headache or altered taste/smell. Yes ___ No ___
5. Have you had close contact with someone diagnosed with COVID-19? Yes ___ No ___
6. Have you had any travel (foreign or domestic) in the previous 14 Days. Yes ___ No ___
Temperature Today _____

PRECAUTIONS REQUIRED:

- 1. All clients must wear a face mask covering the nose and mouth at all times.
2. When your appointment time arrives, you will be allowed to enter the screening area.
3. A Forehead temperature will be measured and screening questionnaire reviewed.
4. You will be asked to sanitize your hands with a alcohol based sanitizer.
5. Established clients will be taken directly to the treatment area. Botox Room, DXA or Gym.
6. New Clients will go to the consult room for orientation to their procedure.
7. Gym Clients are required to wear masks and gloves during their workout session.
8. DXA Clients should come dressed in gym clothes with minimal or no metal.
9. If the bathroom is utilized, you must sanitize or wash your hands before leaving.

OTHER PRECAUTIONS INITIATED BY INSIDE OUTSIDE:

High touch common areas, Gym equipment, Bathroom and the DXA Scanner will always be disinfected each morning, after use and at the end of the day. A high flow Air Purifier (IQAir HealthPro Plus) will be operational in the Botox treatment area and the Hi-Lo Gym. Dr. Christian and Inside Outside Staff may wear a combination of protective masks/gloves/face shields at all times when person to person contact is necessary.

_____ Signature

_____ Date